



# reality school *contemplation sheet*

## *Why Life On Earth Is So Amazing*

by Story Waters

### Questions to ask your heart

Do you feel that you willingly chose your life as a human on Earth, or do you feel that some other force sent you here?

Do you feel you willingly chose the aspects of your life such as your parents, your body and the living circumstances that you were born into?

What does it mean that you have birthed from non-definition into definition?

What does it mean that awakening / enlightenment is more a process of unlearning, rather than learning more?

What is the predominant, driving force in your life?

What is the 'I Am' that underlies all experience? How far does it feel from what you experience yourself to be?

To what degree do you experience yourself as being the creator of your life? How is the power of creation different from the power of choice?

What does it mean to speak of light in a non-dualistic way? Can you believe that there isn't a force of darkness or evil? How do you explain horrific actions / choices that people make?

What does 'even the darkness is light' mean?

How does choosing diversity create expansion?

Do you believe that any mistake was made in the creation of the Earth and the evolution of humanity?

How is your human perspective different from your spirit's perspective? In what ways is it better and in what ways worse?

Why would an immortal being want to experience itself as being mortal? Why would *Source Consciousness* want to believe it is going to die?

How does it feel to view the difficulties in the world at this time as being the mass release of fear and that all is well?

If you came here to be you, then how can you more do that?

How do you feel about purely following your heart over any ideology or conception of there being a higher path?

What, if anything, stands between you and believing that you can be whatever you want to be?

### Resource

[WhyLifeIsAmazing.mp3](#)



Welcome to this reality school contemplation sheet for the mp3 listed above. It is recommended that you listen to the recording on its own before reading this sheet so that you can fully immerse yourself in its journey. You can then use the questions on this sheet to explore the themes of the recording in more depth. The more you put in to answering these questions in an entirely honest and vulnerable way, the more you will benefit.

Download the mp3 at :  
[realityschool.org](http://realityschool.org)

What steps can you take each day to bring more clarity, light and ease into your life? Will you make that choice?

*Want more? Get the full 6.5 hour Weekend of Lights seminar recording, from which the mp3 was created, in the reality school store.*

[www.realityschool.org](http://www.realityschool.org)  
© Story Waters